

Raiders Track & Field 2008

Congratulations to all of our Seniors! Best of luck to you in your future endeavors. "Hold fast to dreams, For if dreams die, Life is a broken-winged bird that cannot fly, Hold fast to dreams, For if dreams go, Life is a barren field, Frozen with snow." Langston Hughes

Boy's State Championships Miles Freberg wins the State Championship in the Discus and places 5th in the Shot Put. Yida Gao places 4th in Pole Vault. Daniel Heller places 4th in the state in the 800.

Girl's State Championships Leila places 4th at the State Championships in the 3200 and 7th in the 1600. Great job Leila!

2008-2009 Physicals - May 17th You must have a physical completed after April 1, 2008 in order to participate in sporting events next year.

Boy's Region Championships results link is [here](#). Congratulations to the entire boy's team for being the 2008 6AAAAA Region Runner-Up. Congratulations to Miles Freberg, Yida Gao, Daniel Heller, Jeremy Schmid, Chris Harper, and Richard Burroughs for qualifying for the State Meet. Miles is the Region Champion in the Shot Put and runner-up in the Discus, Yida is the Region Champion in the Pole Vault, Daniel was runner-up in the 800 and Daniel, Jeremy, Chris and Richard were the runners-up in the 4x400. Congratulations also go out to Michael Ayres JV Region Champion in the 800, to Ahbi Ramesh runner-up in both the 800 and 1600, to Kyle Woestmann JV Region Champion in the Discus Throw and runner-up in the Shot Put and to Matt Gilbert JV Region Champion in the Shot Put and runner-up in the Discus..

Girl's Region Championships results link is [here](#). Congratulations to Monique Osigbeme and Leila Norman for qualifying for the Girl's State Meet in Albany. Monique is the Region Champion in the 100 meter dash and Leila was runner-up in both the 1600 and 3200. Congratulations also to Kristin Rayfield, JV Region Champion in the 800 and to Ellen Jackson, JV Region Champion in the 3200. Congratulations go out to all of the other Lady Raiders for their performances at the Region Meet and for all of their efforts this season.

Return the favor throughout the year ...

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Varsity County results link is [here](#). Congratulations to the Varsity Boys finishing # 2 and the Varsity Girls # 4 at the County Meet. Varsity County Champions are the Girls 4x800 team (Corey English, Aly Smith, Kylie Womack, and Caroline Sullivan) Leila Norman in the 1600 and 3200, and Yida Gao in the Boys Pole Vault. There were many other great performances and individual PR's set at the meet.

JV County results link is [here](#). Congratulations to the JV Boys finishing # 1 and the JV Girls # 2 at the County Meet. JV County Champions are the Girls Meatta Hillary in the Long Jump and 100 Meter Dash, Emma Lorimor 100 Meter Hurdles, the Boys 4x800 team, Kyle Woestmann Shot Put, Michael Ayres 800 Meter Run and Phillip Laskey Pole Vault. Several individual PR's set at the meet.

Diamond Hornet results link is [here](#).

Lady Raider Invitational results are [here](#). Osigbeme, Norman and Carreker score big! Relay teams sweep all 3 events - distance runners rack up the points.

Wheeler Relays: The Raider boys had an impressive second place finish out of the field of 18 teams at the Wheeler Relays. Like the Lady Raiders last week, the teams' primary scoring punch also came from a sweep of the distance relays. Miles Freburg added 14 points on his own, placing high in the standings of the shot put and discus events. A link to the results on gatfxc.com is [here](#).

Walton/Pope Dual Meet results link is [here](#).

Wheeler Relays: The lady Raiders started off the season in good form at the Wheeler Relays. Led by a sweep of the distance relays, the team finished 4th in the field of 18 teams. A link to the results on gatfxc.com is [here](#).

Raider Chase Re-Cap: Click [here](#) to see Marietta Daily Journal Article.

[Mens 5K Results](#)

[Womens 5K Results](#)

[Fun Run Results](#)

The 29th Annual Walton Raider Chase:

A 5K Race and 1 Mile Fun Run will be held on Saturday, February 2, 2008.

View & Print Out the Race Flyer - [here](#).

Register online now at [Active.com](#).