

## **Walton Track & Field 2007**

**Sivanesan sets 400m mark.** Congratulations to Subbu for setting the new Walton school record in the 400m run at the Dekalb International Track Classic. His time of 48.91 shaved .01 second off the former mark of 48.92, held by his own coach Rob Nichols since 1996. Jeremy Schmid also turned in a very noteworthy performance - clocking 1:55.91 in the 800m run - good enough for 5th place on the all-time Walton list.

**Raiders Claim 4th Place at State.** The Walton qualifiers performed very well at the boys Georgia State Championships in Jefferson - finishing in a tie for 4th place in the team standings - joining Cobb schools McEachern (2007 Champion) and Marietta in the top 5. It was the Raiders highest team finish in several years.

### **Scorers (Top 6) and Medalists (Top 8) included:**

Jay Heller - 2nd (1600 m) & 3rd (3200m)

Jeremy Schmid - 3rd (800m)

Brian David - 4th (300m Hurdles)

Bailey Woods - 8th (Discus)

**Congratulations to Leila Norman.** Leila capped off her season with two All-State performances in Albany - she placed 4th in the 3200m run and 4th in the 1600m run.

**Walton Boys Win Region!** Congratulations to the Raider boys for winning the Georgia Region 6-AAAAAA varsity track & field championship held at Roswell High - Check out the Marietta Daily Journal article [here](#).

Our 2007 State Meet Qualifiers:

Subbu Sivanesan - 400m, Jeremy Schmid - 800m, Brian David - 300m Hurdles,

Jay Heller - 1600 & 3200m, Bailey Woods - Discus, 4 x 400m relay team

(Sivanesan, Hellers, Schmid, Harrison, David).

**Norman to run double at State.** Congratulations to Leila Norman for qualifying for the Georgia State Championships in both the 1600m & 3200m runs. She won both events at the Region 6-AAAAAA meet this past weekend, helping the ladies team secure a 6th place finish. The State meet is held in Albany on May 3 and May 4.

**Heller sets 800m record.** Jay added to his long list of accomplishments by setting Walton's 800m run record at the McEachern Invite with a time of 1:53.53. He finished third in the event behind defending 4a state champ Rick Sheff, and county rival Ben Hubers. Check out the complete results [here](#) - lots of great

Walton performances! A few notables: Bailey Woods & Miles Freburg - both 144' + in the discus, Jeremy Schmid runs 4:28 in the 1600m, Leila Norman 5:24 for 3rd place in the 1600m.

**New 4 x 800m School Record Set!** Congratulations to Nathan Gordon, Jeremy Schmid, Daniel & Jay Heller for establishing a new Walton record in the 4x800m relay at the **Mobile Challenge of Champions**. The performance (7:56.91) broke the previous record held since 1985 (Klein, Young, Huber, Brown). The time also ranks #7 on the all-time Georgia high school list. Walton finished a close second in the race. Other individual accomplishments at the meet included: Jay Heller (1st place, 2 mile run), Leila Norman (6th place, 2mile run) & Bailey Woods (9th place, discus).

**KMHS/Pope/Walton** JV Tri-meet results are [here](#).

**Walton Boys take County Championship!** Raiders win first major meet title in several years, outscoring runner-up and defending champion McEachern 135 to 99.5. Special recognition to individual county champs Jermeij Schmid (800m) and Bailey Woods (discus).

Leila Norman wins 3200m run (a title she also claimed in 2005) - Girls team finishes 6th overall.

Check out the complete results [here](#).

**Boys in 1st, Girls in 5th** after day one of competition at the **Cobb County Track & Field Championships**. Check out Marietta Daily Journal article [here](#).

**Kennesaw Mountain/Walton** Dual meet results are [here](#).

**Walton JV Relays:** Meet results are [here](#). Special thanks to the coaching staff and all the Walton parents that worked so hard to make this meet a success!

**Boys Team Wins Title at Vestavia Hills!** The Heller brothers proved to be a virtual wrecking crew, with Jay taking the 1600 & 3200, and Daniel placing third in the 800. Both also participated on the winning 4x800 & 4x400 relay teams. Brian David was victorious in both the 110m and 300m hurdle events for the second straight weekend.

The girls squad turned in a very respectable 11th place finish. Linsdey Quinn was Walton's sole individual champion with her win in the triple jump.

Numerous outstanding performances and personal bests were achieved. Click [here](#) to view Birmingham News article. Complete meet results are [here](#).

**Walton vs. McEachern** dual meet results are [here](#).

**Lady Raider Invitational:** Congratulations to Leila Norman (3200m) and the girls' 4x800 relay team for their race victories. Click [here](#) for meet results.

**Impressive Showing for Boys at Wheeler.** Walton scored 70.5 points at the 23 team relay meet, trailing only meet champion Stephenson (80 pts). First place finishes were recorded in the 4x1600m relay (Viglotti, Bryfczynski, Pilliod, J. Heller) and the distance medley (Gordon, Schmid, D. Heller, J. Heller). Brian David added two individual 2nd place finishes; one in each hurdle event. Jay Heller earned the "Runner MVP" award for the meet. Click [here](#) for the complete results on Gatfx.com.

**Pope Tri-Meet:** Walton athletes turned in a number of strong performances at the 3-way meet against Pope and Lassiter. The meet was not scored, however the Raiders' efforts produced 15 individual and relay team victories. Review the complete results [here](#).

**Solid Start for Lady Raiders at Season Opener.** Walton finished 4th in the field of 22 teams at the Wheeler Relays - Skylar Carreker scored 12 of the team's 36.5 points with 3rd place performances in the shot put and discus. The 4x1600 team (Marks, Smith, Theiler, Womack) placed 2nd for Walton's top finish of the day. Click [here](#) for link to complete meet results on Gatfx.com.

**Fleet Feet Shoe/Uniform Day** - February 11, 2007, 12:00 noon - 6:00pm. Don't forget that Fleet Feet is sponsoring Walton Track & Field day at their Sandy Springs location on Sunday. Athletes can purchase uniforms, and spikes and training shoes at a discount. The qualified Fleet Feet staff provides an evaluation each runners mechanics free of charge - assuring the right category of shoe is selected, minimizing tendencies toward injury.

**A Thank You.** The Walton student-athletes, coaching staff, and Cinder Club parents would like to express their sincere gratitude to the many that helped make the **2007 Raider Chase** a successful event. Thanks to the generosity of our race sponsors and the 350+ race participants, the Walton track & field and cross country programs continue to receive much needed financial support to help maintain a level of excellence. Most importantly, we hope all that attended had a great time and will come back to visit next year!

Click [here](#) to view/purchase **Raider Chase photos** provided by **True Speed Photo**.

[Female 5K Results](#)

[Male 5K Results](#)

[1 Mile Fun Run Results](#)

Fun run results still to come.....

## **The 28th Annual Walton Raider Chase:**

A 5K Race and 1 Mile Fun Run will be held on Saturday, February 3, 2007.

View & Print Out the Race Flyer - [here](#).

Register online now at Active.com - 

...or contact [Paul Bryfczynski](#) for more information.

**Please join us** at the **Raider Chase Pre-Race Social and Silent Auction**.

This fun, annual event is to be held at Houck's on the evening of February 2.

Click [here](#) for more details.

**Want to fuel up?** Before or after the race.... **Walton Baseball is sponsoring their "Batter-Up" Pancake Breakfast** in the Walton Commons from 7am til noon on race day. Please click [here](#) for more information.

**Mandatory Parents Meeting** for Track & Field: Thursday, January 11 at 6:30 pm in the Walton Commons. You will have an opportunity to learn about the program, get the 2007 schedule and meet the coaches. Please bring your checkbooks and calanders. You will also be able to purchase team sweats, which are mandatory, join the Cinder club, and sign up for volunteer opportunities.

**A special note:** Each athlete must have his/her physician complete the Cobb County Athletic Physical, Insurance and Consent Form prior to participating in Walton athletics. This is a legal size form that is available at the school's front office. If your child has already completed a form for another sport for this school year, it is valid through the end of the school year.